



YMCA SWIM TEAM FALL 2022

Requirements to join:

MUST be 6 years old and up.

MUST be able to swim 25 yards (pool Length) unassisted.

MUST be able to back float and/or tread water for 10 seconds.

What to expect:

A fun and challenging experience, where you'll learn to be more confident in and out of the water. We will focus on proper stroke technique, endurance training and working together as a group.

Days and times of practice:

Every Tuesday and Thursday 4:15pm-5:15pm

Starts/ends:

September 15th-December 1st.

Price:

Members: \$110.00

Non-members: \$130.00

A full calendar of swim team will be given to the swimmers and parents by September 19th. This will include swim meet dates, days practice is canceled and any other information that swimmers and parents will need to know.

Any questions, please contact Terri Haverfield 406-683-9622